

Plan: EPCOT One-Day Touring Plan for Adults

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PARK
EPCOT Starts at Main Entrance

A Premium Touring Plan from TouringPlans.com
Viewed on July 3, 2025

PLAN SUMMARY

The standard one-day touring plan of Epcot from the current Unofficial Guide. Includes Guardians of the Galaxy: Cosmic Rewind, Remy's Ratatouille Adventure, Soarin' Around the World, and more. Plan to arrive at EPCOT's main entrance around 50 minutes before official opening (and 70 minutes ahead on holidays and other busy days). Get maps and the Times Guide when you arrive.

PLAN SUMMARY

To use Lightning Lane with this plan: The most useful Lightning Lane reservations for this plan are for Remy's Ratatouille Adventure, Test Track, and Soarin' (in that order). Get the first available reservation for one of those, and fit that return time window into the plan. If using Single Lightning Lane Attraction Selections, try to get a Guardians reservation for as close to park opening as possible, and a Frozen Ever After reservation for around 2 p.m.



Your Plan Steps

STEP

1) Guardians of the Galaxy: Cosmic Rewind

Notes: If Guardians is NOT using a virtual queue, you'll find the shortest lines at the moment the park opens.

2) Test Track presented by General Motors

Notes: Test Track is often not running early in the morning and late at night. Before you walk all the way over there, ask a Cast Member (or check our Lines app or the My Disney Experience app) to see if it's operating.

3) Mission: SPACE Orange

Notes: If your group includes teens, ride Mission: Space. Skip it otherwise.

4) Spaceship Earth

5) Soarin' Around the World

6) Living with the Land

7) Rest

**** Staying inside the park**

Notes: Eat lunch. Sunshine Seasons at The Land pavilion is the best - and closest - choice.

8) The Seas Main Tank and Exhibits

Notes: Tour The Seas' main tank and exhibits.

9) Journey of Water, Inspired by Moana

Notes: Walk through Journey of Water on your way between The Seas and other attractions.

10) Mexico Pavilion Notes: <i>Skip the boat ride to save time.</i>
11) Frozen Ever After Notes: <i>Tour the Norway pavilion and ride Frozen Ever After.</i>
12) China Pavilion Notes: <i>Tour the China pavilion but skip the film; it's not rated highly by any age group.</i>
13) Germany Pavilion
14) Italy Pavilion
15) The American Adventure Showtimes: 11:45am, 12:30pm, 1:15pm, 2:00pm, 2:45pm, 3:30pm, 4:30pm, 5:30pm, 6:30pm, 7:30pm
16) Eat dinner ** Staying inside the park Notes: <i>Eat dinner</i>
17) Japan Pavilion Notes: <i>Tour the exhibits and department store as well.</i>
18) Morocco Pavilion
19) France Pavilion
20) Remy's Ratatouille Adventure
21) Canada Far and Wide in Circle-Vision 360 Notes: <i>Tour the Canada pavilion and see this film.</i>